



Bronco Bulletin

Website Address: <http://byg.scdsb.on.ca>

JANUARY 2020

**Principal:
Mae Senick**

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IMPORTANT DATES:

January 6 - School Starts

January 10- Dental Screening (snow date) Gr. JK, SK & 2

January 10 - Jersey/Sports Day

January 24 - PA Day

January 28— Bowles for beds Roy & McEachern

February 3—Parent Council Meeting @ 5:45 in the library

Dear Parents/Guardians:

I truly hope that the holiday break was a happy time, where you were able to spend time with family and friends, catching up on what has been happening over the past year.

The month of January will bring more cold weather. Students are reminded to dress for the conditions. Being dressed warmly makes it more enjoyable spending time playing outside in the snow. Please send extra socks and mittens so they can be changed during the day if they get wet.

January is also a month full of germs. Be sure to wash your hands regularly with soap. If your child is sick and not well enough to participate in all aspects of school, including recess, please keep them at home so they can come back rested and ready to go.

Parents and guardians dropping off students are reminded that supervision on the back yard starts at 8:15 am each school day. Students who walk or are driven to school in the morning are to head directly to the back yard to play with their friends. Families are encouraged to ensure that their children arrive on time so they can start their school day at 8:30 am. Families are also reminded to communicate changes to routine through their child's agenda.

The snow hills in the front and back parking lots look fun, but are not safe for students to slide down. Students run the risk of sliding into the parking lot or onto the road in front of a moving vehicle. Students are to stay off of the hills to stay safe!

Mae Senick

Kindergarten registration starts this month

Do you (or someone you know) have a child who is turning four in 2020? If so, it's almost time to register them for Kindergarten in the SCDSB! Beginning Jan. 27, 2020, Simcoe County's public schools will register children for Kindergarten for the 2020-21 school year.

Parents/guardians can begin the Kindergarten registration process on the SCDSB website any time after January 1 - just visit www.scdsb.on.ca and select 'Community Apps'. Visit www.scdsb.on.ca/elementary/planning_for_school/kindergarten for more information.

Due to the transition to Clearview Meadows for the 2020-21 school year, all online and follow up registrations will take place at Clearview Meadows. Please contact Clearview Meadows with any questions 705-428-2907.

Is homework stressing you out?

Throughout the year, your child may have homework or need to spend time studying at home. You can help make homework time less stressful. First, let your child relax with a healthy snack when they get home from school. Ask if they have homework, what kind and how long they think it will take to finish. It's a good idea to set a regular time each day and decide on a specific place to do homework. Your child might need help for a couple minutes to get started.



Looking for more parenting support? Speak with a public health nurse by calling 705-721-7520 or 1-877-721-7520 or visit the health unit website at www.simcoemuskokahealth.org.

Bus cancellation information reminder

All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium (SCSTC)'s bus information website at www.simcoecountyschoolbus.ca. Our school is in the *West* zone. When buses are cancelled, schools remain open for student learning, unless otherwise noted.

The SCSTC and bus operators try to make the decision to cancel school buses before 6 a.m. and make every effort to post announcements before 7 a.m. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the Consortium on Twitter [@SCSTC_SchoolBus](https://twitter.com/SCSTC_SchoolBus) for bus cancellations and other information. You can also subscribe to receive bus delay notifications here: <https://scstc.ca/Subscriptions>.



For school event cancellations in case of inclement weather, listen to your local radio station for event cancellation information.

Keeping SCDSB school communities informed on labour updates

In August 2019, provincial and local contracts for all education workers in the province of Ontario expired. In the Simcoe County District School Board (SCDSB), this means that all our unionized groups are at different stages of contract negotiations at the provincial and local level. The SCDSB will continue to monitor the situation and provide updates on the status of negotiations and our schools whenever possible.

Labour updates are issued on the SCDSB website (www.scdsb.on.ca/about/labour_updates), Facebook (www.facebook.com/SCDSB), Twitter ([@SCDSB_Schools](https://twitter.com/SCDSB_Schools)) and on the labour updates information line at 1-877-728-1187.

Questions about your child's health?

Health Connection offers free, confidential health information from nurses and health inspectors on:

- How your child is growing, parenting tips, fast and healthy meals, safe food and water, common illnesses, keeping kids safe, fun family activities
- Health unit programs such as vaccinations and dental care
- Community resources for parenting, mental health, addictions, quitting smoking or financial help

Contact Health Connection at 1-705-721-7520 or 1-877-721-7520 Monday to Friday, 8:30 a.m. to 4:30 p.m., or www.simcoemuskokahealth.org. If English is not your first language, we have a telephone interpretation service.

Canadian Blood Services needs your help!

During the winter months, hectic schedules and snowy weather often result in a decrease in the number of blood donations. Canadian Blood Services (and all those in need of donations) want to remind you to be part of Canada's lifeline this holiday season and give the gift of life. You can book online at www.blood.ca. Look for a clinic in your area!

Information provided by Canadian Blood Services



New year, new goals for the entire family!

The beginning of a new year is the perfect time to start thinking about setting new goals. Bringing the whole family together for a new year goal-setting session not only provides an opportunity to discuss the importance of exercise and a healthy diet with your children – it also gives you the chance to brainstorm on working towards a shared goal.

Getting kids active should be a priority for all Canadians. According to [ParticipACTION's 2018 Report Card](#), only 35 per cent of Canadian children and youth aged five to 17 reach the recommended 60 minutes of physical activity each day. The report also shows that 51 per cent of young Canadians are engaging in significantly more screen time than they should be, sometimes up to four-six hours per day! Here are some small steps to set your family up for success in the new year:

Play together. Spend time outside playing together as often as possible, regardless of the weather. Go skating, skiing, build a snow fort or go tobogganing – fun for the whole family!

Join a family-friendly gym. Find a place that provides opportunities for the entire family to be physically active together or offers childcare and after-school programs.

Pencil it in. Add physical activity or play time to the calendar, with the same commitment as other important meetings. Schedule an evening family walk or a fitness class – seeing it on the calendar will help motivate your family to stay on track.

Set goals. Pick a charity run or walk that your family will support, like [YMCA Move to Give](#). Sign up, train as a family and participate in it together. It's a great way to exercise together and give back to your community!

Getting healthy has never been easier!

The YMCA offers a variety of family programs – from open gym and swim to children and youth programming, adult fitness classes and childminding. It's a place where families can have fun and get active together. For more information about YMCA programs, please visit www.ymcaofsimcoemuskoka.ca.

Information provided by the YMCA of Simcoe/Muskoka